

# Northern Cup



Cross Country BC

# Teck

## Omineca Ski Club hosts Northern Teck Cup #4

January 23, 2022

**FOR IMMEDIATE RELEASE**

(Burns Lake B.C.)



They came from far and wide. For some, it only took 5 minutes to get there while others left home in the dark and drove for 2 to 3 hours. They had a range of experience. Some, like 5 years old Roland

Gooding, discovered for the first time all the excitement and rewards that comes with achieving a racing goal (“I did it!”). Others, like 73 years old Gerry Jenks, thrive on the challenge and inspire everyone around them.



They had one thing in common: on January 23, 2022, 84 happy people converged to Burns Lake to participate in the Regional Northern Teck Cup #4. For this free technique event, the Omineca

Ski Club set out new continuous racing loops ranging from 800 metres to 10 kilometres. Each loop offered a mix of ups and downs, corners and straight stretches with some flat sections that was appreciated by all participants.

Every event relies on volunteers. With this event, organizers inadvertently stumbled on the secret to recruitment: (1) start with as few volunteers as possible in as many roles as possible, (2) have many of these volunteers falling ill at the last minute, and (3) be part of a club where so many are willing and able to help with little notice or no racing experience. A special shout out to Bulkley Valley Nordic Centre who provided last minute timing assistance! Thank you all!!



Complete results available at: <https://zone4.ca/race/2022-01-23/7328b1f2/results/>

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*Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 27,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.*

*Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit [www.crosscountrybc.ca](http://www.crosscountrybc.ca).*



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