

# Northern Cup



# Teck

## Cariboo Ski Touring Club hosts Teck Northern Cup #5 and #6

February 12, 2023  
FOR IMMEDIATE RELEASE  
(Quesnel, B.C.)

Over the weekend of February 11 and 12, Cariboo Ski Touring Club (Quesnel) hosted Teck Northern Cup #5 and #6. On Saturday 74 racers from 100 Mile Nordic Ski Society, Bulkley Valley Cross Country Ski Club (Smithers), Morice Mountain Nordic Ski Club (Houston), Nechako Nordics (Vanderhoof), Williams Lake Cross Country Ski Club, Caledonia Nordic Ski Club (Prince George) and Tweedsmuir Ski Club (Bella Coola) came out to support our Individual Sprint race.

Cariboo Ski Touring Club's first Teck race for many years used a sprint format unfamiliar to many of the competitors, coaches and volunteers. After the snowy qualifier, the day brightened for the thrills of the knock-out heats. The fast races and close finishes added a vibrancy to the event and kept everyone on their toes as quarter and semi-finals moved on to B and A finals.



*Athletes await their qualifying heat in the morning snow. All three girls above would go on to receive awards in the U12 A-Final.*

The day had it all - excitement, disappointment, snow, sun, racing skill, and a chili lunch! U10 Girls brought the glitter and the race start crew brought good luck fist bumps for every racer.

For the older racers the fast downhill (Fir Tree Hill), and the Black Hole that led into the curved finishing stretch in the stadium, was a particular highlight for the racers.

Sunday saw 42 racers compete in a Classic Interval Start, and that felt much more relaxed than the previous day. The longer distances allowed the competitors to have their first taste of the club's trail network and *almost* all enjoyed the rolling course used across the 500m to 10K distances.



*LEFT:*

*An athlete uses her figure skating skills to warm up for her U8 Final.*

*BELOW:*

*Young athletes enjoy some camaraderie after their heat.*







*Athletes vie for places on the final bend in the U12 B-Final.*



*U14 boys discuss their B Final tactics ahead of their race.*



*A young athlete finishes up her weekend in style in the U10-1 Girls Classic Interval Start.*



*With the Saturday Sprint Heats out of the way and the pace slowed down, the volunteers are in a more relaxed mood helping racers prepare for their Individual Starts on Sunday.*



A huge thank you to all who stepped into new roles and responsibilities to help the Cariboo Ski Touring Club prepare for the Teck Northern Cup races, while keeping one eye on the 2024 BC Winter Games to be held in Quesnel.

Organizers are also grateful to Teck Resources Limited for its sponsorship of the race series, and to the local Save On Foods, Extra Foods, and McDonalds for donating healthy snacks and coffee for the racers and volunteers.

Photo Credits: Laurie Bare

Results are available at: Teck Northern Cup #5 and #6, 2023 | Zone4.ca,  
<https://zone4.ca/event/2023/753F6E2C/>

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*Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 27,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.*

*Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit [www.crosscountrybc.ca](http://www.crosscountrybc.ca).*



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